

**EXPERIMENTAL STUDY  
ON THE DURABILITY CHARACTERISTICS  
OF SEVERAL VEGETABLE FIBER REINFORCED  
CONCRETES EXPOSED TO SODIUM SULFATE**

Sami ZIANE<sup>1</sup>, Mohammed-Rissel KHELIFA<sup>2</sup>, Samy MEZHOU<sup>3\*</sup>,  
Ahmed BEROUAL<sup>1</sup>, Saber MEDAOUD<sup>4</sup>

<sup>1</sup> Laboratory of Soil Mechanics and structures (LMSS), Dept. of Civil Engineering,  
Faculty of Science and Technology, University of Mentouri Brothers Constantine 1,  
Constantine, Algeria

<sup>2</sup> Department of Civil Engineering, Faculty of Technology, University of Batna 2, Batna,  
Algeria

<sup>3</sup> Departments of Geography and Land Sciences, University of Mentouri Brothers  
Constantine1, Constantine, Algeria

<sup>4</sup> Department of Civil Engineering, Ferhat Abbas Sétif University 1, Sétif, Algeria

**A b s t r a c t**

Recently, numerous plant fibers have been investigated as a means to reinforce concrete and replace synthetic fibers, thereby producing more eco-friendly concretes. The primary concern for these studies is the durability of the fibers in the external environment. For this purpose, the current paper presents a comparison study on the physical-mechanical behavior and durability against external sulfatic attack on Alfa and Hemp fiber-reinforced concrete. To assess the effects of sulfatic attack, different types of concrete underwent two aging protocols: 1) a complete immersion in 12.5 % Sodium Sulfate ( $\text{Na}_2\text{SO}_4$ ) solution and, 2) an accelerated aging protocol which consisted of immersion/drying in the same sulfate solution at a temperature of 60°C. The results show that the optimal amount of

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\* Corresponding author: Department of Geography and Land Sciences, University of Mentouri Brothers Constantine1, Constantine, Algeria e-mail: mezhoud.sami@umc.edu.dz

plant fiber is variable, depending on several parameters such as the chemical composition, mechanical characteristics, and morphology of the fiber. In addition, the results show that the use of Alfa and hemp fibers could facilitate the production of green and durable structural concretes.

Keywords: reinforced concrete, hemp fibers, alfa fibers, polypropylene fibers, durability, sulfatic attacks

## 1. INTRODUCTION

Concrete is the most widely used construction material today. It is an economic material with good compressive strength [1], however, concrete structures are regularly subjected to aggressive environmental conditions from a variety of naturally occurring and industrial chemicals. One of the most prevalent and common forms of chemical attack is the action of sulfates on concrete components [2].

External Sulfatic Attack (ESA) is a reaction between Sulfate ions, which come from an external environment (present in groundwater, seawater, soils, and wastewaters), and hydration products of cement such as  $\text{CH}(\text{OH})_2$  and C.S.H. This reaction leads to the formation of gypsum, ettringite, and/or thaumasite and may cause a lowering of the concrete's strength, expansion, and surface scaling [3, 4].

In addition, cracks are considered as a major problem in the cementitious matrix [5,6], and which can increase the severity of these external attacks. To reduce these problems, reinforcing fibers can be integrated into the concrete, leading to increased tensile strength, ductility, toughness, and thus, durability [7]. Several types of fibers have been used in Fiber Reinforced Concrete (FRC) compositions such as synthetic (metallic, organic such as polypropylene) or natural (mineral, vegetal, and animal). According to their nature, they variously contribute to the properties of the composite. Nowadays, biological composite materials have been the focus of academic and industrial investigations [8]. The use of plant fibers in composites as a reinforcing material has attracted the attention of researchers in the field of civil engineering in recent years, as substitutes to synthetic fibers such as polypropylene. This interest is growing for several reasons: (1) economic: create or develop economical activities in remote areas; (2) social: maintain agriculture in such areas (3) environmental: replace industrial components in concrete and valorize waste of agriculture origin [9, 10].

In general, the composition and properties of plant fibers vary depending on the origin and type of fibers, the species of plant, and the environment in which the original plant is growing [11]. Most of the vegetal fibers such as flax [12], dis [13], palmer [14], doum [15], and bamboo [16], are examples of sustainable materials that are being widely explored by numerous researchers. Despite all this

interest, little research has focused on the durability of concretes based on these natural fibers. Thus, in this work, our attention is oriented towards the study of the durability of concrete reinforced with alfa fibers and hemp fibers, because these two fibers have not been well considered in concrete reinforcement.

“Alfa” is the Arabic name of the *stipa tenacissima* plant, a fast-growing perennial plant that thrives in the dry regions of north Africa (mainly in the Maghreb) and the southeast of Spain. The Alfa is a grey-green needle grass made of long stems with seed heads and leaves, which acts as a barrier against desertification in the Maghreb area and, therefore, plays an important role in the protection of ecosystems [17, 18]. On the other hand, hemp is one of the oldest-known plants and has been used in a variety of applications, making it one of the most recognizable plants in the world. It belongs to the *cannabaceae* family, characterized by a height of up to 4 meters, and cultivated particularly in countries with a temperate climate such as France, Spain, and Canada [19, 20].

In this paper, we pay particular attention to evaluating the physical and mechanical performance of concrete reinforced with Alfa fibers (AC) and Hemp fibers (HC) as well as their durability against external sulfatic attacks. The results are compared to an ordinary concrete (OC) and a concrete reinforced with polypropylene fibers (PC), to evaluate the production potential of greener structural concretes. Different amounts (0.25% to 1.5%) of Alfa and Hemp fibers were added into the concrete mixture in order to determine the optimal amount of fibers to obtain both a durable and natural reinforced concrete. Compression and tensile strength tests were performed together with young's modulus variations and physical tests. Additionally, the durability of these concretes against sulfatic attack is studied. For this purpose, two aging protocols were used: 1) a complete immersion in  $\text{Na}_2\text{SO}_4$  solution with a concentration of 12.5% by weight [21], and 2) the use of an accelerated aging protocol; an immersion/drying at  $60^\circ\text{C}$  in the same solution with the same concentration [22].

## 2. MATERIALS

The Alfa fibers used in this study were collected from the Djelfa area in Algeria. They had an average diameter of  $10.2\ \mu\text{m}$  and  $1082\ \mu\text{m}$  and were cut to an approximate length of 20 mm (Figure. 1a), then impregnated with water for 2 hours in order to limit the absorption of water during the trial mix. Table 1 shows the physical-chemical characteristics of the Alfa fibers [23-25].

The hemp plant (*Cannabis sativa* L) used in this research is categorized as a bast fiber crop, obtained from the outer part of the stem by a mechanical threshing process. The process of hemp fiber extraction consists of several steps: harvesting, retting in the field, and exploitation of the hemp straw. The long hemp fibers were then cut to the desired lengths. In this study, the length of hemp fibers was 2 cm

and the fibers come from Canada (Figure.1b). Table 2 shows the physical-chemical characteristics of the hemp fibers [19, 26].

The polypropylene fibers came from the TUF-STRAND MAXTEN brand of fibers (Figure. 1c). They are manufactured according to ASTM C 1116, Standard Specification for Fiber Reinforced Concrete and Shotcrete. They have a length of about 20 mm. Table 3 gives their characteristics.

The cement used for all mixtures was a Portland Composite Cement (CEM II/A 42.5) with a density of  $3.06 \text{ g/cm}^3$  and Blaine fineness of  $3891 \text{ g/cm}^2$ , conforming to European standard EN 197-1 [27]. The chemical composition of the cement is given in Table 4.

The sand is a calcareous 0/3 mm variety, with a specific gravity of  $1440 \text{ kg/m}^3$ , and a water absorption coefficient of 0.78% (in mass). The coarse aggregates are calcareous (3/8 mm and 8/16 mm), with a specific gravity of  $1350 \text{ kg/m}^3$ , and a water absorption coefficient of 0.72% (in mass). The size distribution graphs of all aggregates are given in Figure 2.

For all mixes, one type of chemical admixture (SUPERIOR RM 34) was used to provide better workability in the fresh state. This superplasticizer is based on modified silicate polycarbonates, is compatible with all types of cement, is an Ether solution with a specific gravity of 1.1 at  $25^\circ\text{C}$ , and complies with EN934-2 [28].



(a) Alfa fibers

(b) Hemp fibers

(c) Polypropylene fibers

Fig. 1. The fibers used for concrete reinforcement

Table 1. Physical, chemical, and mechanical characteristics of Alfa fibers

Chemical composition (%)	Cellulose 43–45 Hemicellulose 24 Lignins 24 pectin 5
Tensile strength (MPa)	165
Young's modulus (GPa)	19.3 ± .91
The density (Kg/m <sup>3</sup> )	454 - 890
The porosity (%)	53
Diameter (μm)	10.2 -1082

Table 2. Physical, chemical, and mechanical characteristics of Hemp fibers

Chemical composition (%)	Cellulose 56.1 Hemicellulose :10.9 Lignins 6 pectin 20.1
Tensile strength (MPa)	59-857
Young's modulus (GPa)	38-58
The density (Kg/m <sup>3</sup> )	1400
The porosity (%)	180-105
Diameter (μm)	16-50

Table 3. Characteristics of Polypropylene fibers

Parameters	Value
Mass density	910 kg/m <sup>3</sup>
The amount of polypropylene	1.8-3 % kg/M <sup>3</sup>
Young's modulus	3500–3900 MPa
Tensile strength	600–650 MPa
Melting point	165 °C
Water absorption	negligible

Table 4. Chemical composition of the cement

Cement	Content (%)
SiO <sub>2</sub>	23.25
Al <sub>2</sub> O <sub>3</sub>	5.69
Fe <sub>2</sub> O <sub>3</sub>	3.36
CaO	60.25
MgO	.74
SO <sub>3</sub>	1.94
K <sub>2</sub> O	.45
Na <sub>2</sub> O	.27
Equivalent Na <sub>2</sub> O	.98

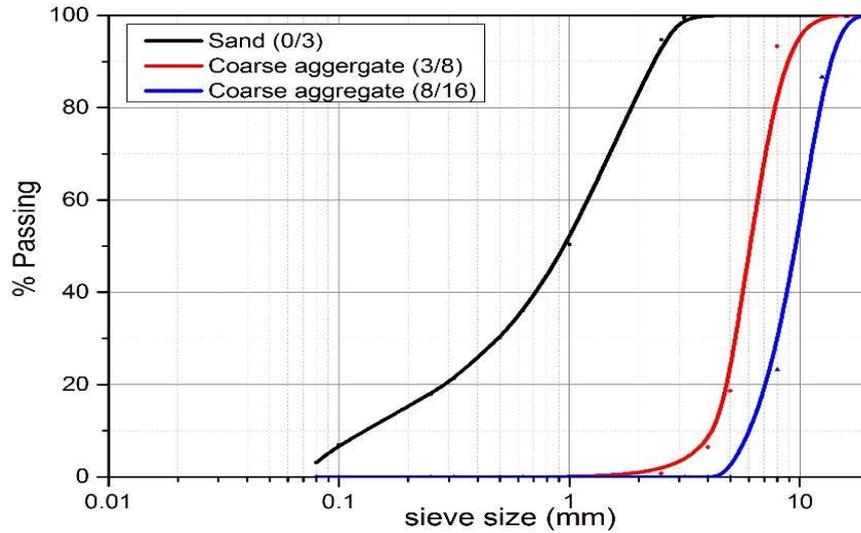


Fig. 2. Particle size distribution of sand and coarse aggregate

### 3. EXPERIMENTAL PROGRAM AND TESTS CARRIED OUT

#### 3.1. Mix design

In this study, four different concrete mixes were prepared: 1) Two concretes incorporating Alfa (AC-1; AC-1.5; respectively 1 % and 1,5% of Alfa fibers by volume); 2) Three concretes incorporating hemp (HC-0.25; AC-0.5 and HC-1 respectively 0.25, 0.5 and 1 % of hemp fibers by volume); 3) Concrete incorporating 0.2% volume of polypropylene fibers (PC) and; 4) Ordinary

concrete (OC) as a reference material. The composition of all concrete mixes is given in Table 5.

The fibers, whatever their natures, were incorporated into the concrete mixture as an additional component and not as a substitution of another component, e.g. aggregates. The different quantities of Alfa and hemp fibers were tested in order to determine the best amount for the formulation of structural concrete. The amount of 0.25 % to 1.5% is similar to that recommended by the manufacturer for the use of polypropylene fibers, which allows a direct comparison of the mechanical properties between the different composites. In addition, they were mixed with aggregates and cement before adding the water to guarantee uniform dispersion, which deals with the reinforcement capacity.

Table 5. Concrete mix design

Mix proportion for 1m <sup>3</sup>	Mix code						
	OC	PC	AC-1	AC-1.5	HC-.25	HC-.5	HC-1
Cement (kg/m <sup>3</sup> )	350	350	350	350	350	350	350
Sand (kg/m <sup>3</sup> )	727	727	727	727	727	727	727
Coarse 3-8 (kg/m <sup>3</sup> )	109	109	109	109	109	109	109
Coarse 8-16 (kg/m <sup>3</sup> )	897	897	897	897	897	897	897
Superplasticizer volume (%)	0,6	0,6	0,6	1	0,6	2	2
Water (kg/m <sup>3</sup> )	140	140	140	140	140	140	140
Hemp fibers (%) in 1m <sup>3</sup> of concrete	-	-	-	-	0.25	0.50	1.00
Alfa fibers (%) in 1m <sup>3</sup> of concrete	-	-	1	-	-	-	-
Polypropylene fibers (%) in 1m <sup>3</sup> of concrete	-	0.25	-	1.5	-	-	-

### 3.2. Experimental program

After dry and humid mixing of the different components in a mixer with a vertical axis and planetary motion, fresh and hardened tests were carried out. The slump test was used to quantify the workability of concrete according to the standard NF EN 12350-2 [29]. Next, for each concrete mixture, cylindrical specimens (10x20cm) and prismatic specimens (7 × 7 × 28 cm) were prepared for compressive and tensile strengths tests. After casting, all the specimens were moist cured at 20 ± 2 °C and 50 ± 5% of relative humidity until the required age of testing (7, 28, 90, and 120 days).

In the hardened state, the characterization of mixes was carried out by the following methods and according to the standards. For each test and age, the measurements were carried out on three specimens for all mixes and the average values are reported. The tensile and compressive strengths were determined according to the NF P15-471 [30], and Dynamic Young's modulus was measured according to NF P 18-414 [31]. The open porosity and capillary absorption of the concretes were determined using a procedure based on that recommended by AFPC-AFREM (1997) [32].

### **3.3. Sulfatic attacks protocols**

#### **3.3.1. The complete immersion protocol**

This is the protocol most frequently used in the literature to simulate a sulfatic attack on concrete in saline soils such as gypsum soils [33]. The cubic specimens (7x7x7 cm) of concrete are completely immersed in a 12.5% by weight Sodium Sulfate ( $\text{Na}_2\text{SO}_4$ ) solution at 20°C, renewed every 30 days.

To monitor the behavior of the samples subjected to Sulfatic attack over time, mass loss monitoring was selected at different time intervals over a period of 270 days. The compressive strength of different concretes was calculated after 28 days of normal cure, and then after 45 days, 90 days, 180 days, and 270 days of total immersion.

#### **3.3.2. Immersion/drying cycles at 60°C**

This is a protocol for accelerating the aging of concrete based on 24-hour immersion cycles [21, 34]. It is defined as follows:

- Immersion (4 hours) of the specimens in a 12.5% Sodium Sulfate ( $\text{Na}_2\text{SO}_4$ ) solution by mass.
- Drying (20 hours) in an oven at 60°. This temperature level was selected to avoid the superposition with the internal Sulfatic attack from the delayed formation of ettringite [35-37].

Daily, the mass of each sample is measured after the drying phase. The samples are tested with a compression test after 28 days of normal cure and at 5, 15, 30, and 60 cycles of immersion, to follow the evolution of their mechanical performance.

## 4. RESULTS AND DISCUSSION

### 4.1. Concrete workability

The results of the slump test are presented in Figure 3. Two groups of concrete can be distinguished: 1) very plastic concretes of class S3 (110 - 140 mm) for OC, PC, AC-1, and HC-0.25, 2) plastic concrete of class S2 (90 mm; AC-1.5) and, 3) stiff concretes of class S1 (50 mm) for HC-0.5 and HC-1.

It can be seen that the incorporation of vegetables (Alfa or Hemp) fibers leads to a decrease in concrete slump, reflecting a reduction of workability. This can be explained by the high porosity of vegetable fibers [10], which would cause a further increase in the water absorption amount proportionally with the amount of hemp or Alfa fibers. This result is in line with previous studies [6, 8].

It should be noted that HC-1 and AC-1 concrete show a remarkable difference from each other; AC-1 is a very plastic concrete while HC-1 is a firm concrete. This result was obtained despite the increase in superplasticizer dosage from 0.6% to 2% by weight of cement in the case of HC-1. This was due to the high amount and flexibility of hemp fiber compared to Alfa fiber, which can lead to the formation of "pellets" during the mixing process and makes the mixture stiff. For this reason, it is recommended to reduce the amount of hemp fibers to 0.25% of volume which gives an appropriate structural concrete slump [38]. It should be further noted that the superplasticizer was added to the mixes to maintain an appropriate level of workability (S2 - S3) and to obtain a structural concrete that is easy to place.

In the case of the PC concretes, there is a slight reduction in slump caused by the amount of water remaining on the surface of the polypropylene fibers; although these fibers do not absorb water, a small amount is retained on their surface.

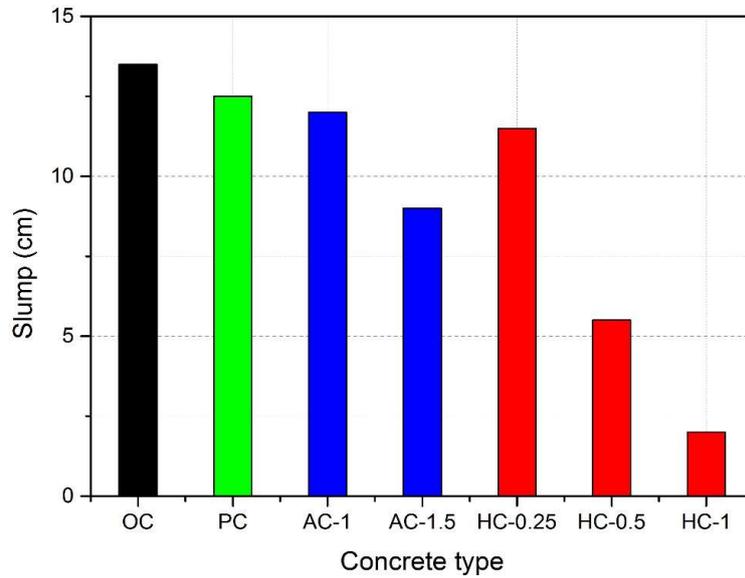


Fig. 3. The results of the slump test

#### 4.2. Porosity

The variation of porosity as a function of fiber content is shown in Figure 4. The ordinary concrete (OC) is still the less porous concrete, while the HC-0.5 and AC-1.5 concrete are the most porous.

The total porosity increases with the increase of the amount of natural fiber. This circumstance is related to the initial porosity of natural fibers, the porosity of the cementitious matrix, and the interfacial transition zone (ITZ) around the fibers. The ITZ would be formed during the mixing due to the high water absorption coefficient of the natural fibers. This phase will induce a movement of water from the paste in the fresh state towards the fibers and then yield to a higher porosity during the dry state [15, 39].

However, there is an exception in the case of HC-1 concrete, which has less porosity. This result is due to the poor dispersion of hemp fibers in the concrete for an addition higher than 0.5%. Above this value, hemp balls are formed causing heterogeneous parts in the cement matrix and preventing water from entering some parts of the composite, therefore, it is less porous. In addition, the porosity values of HC-0.25 concretes compared to AC-1 concretes are lower, probably due to the morphological structure of the fibers, which varies from one type to another.

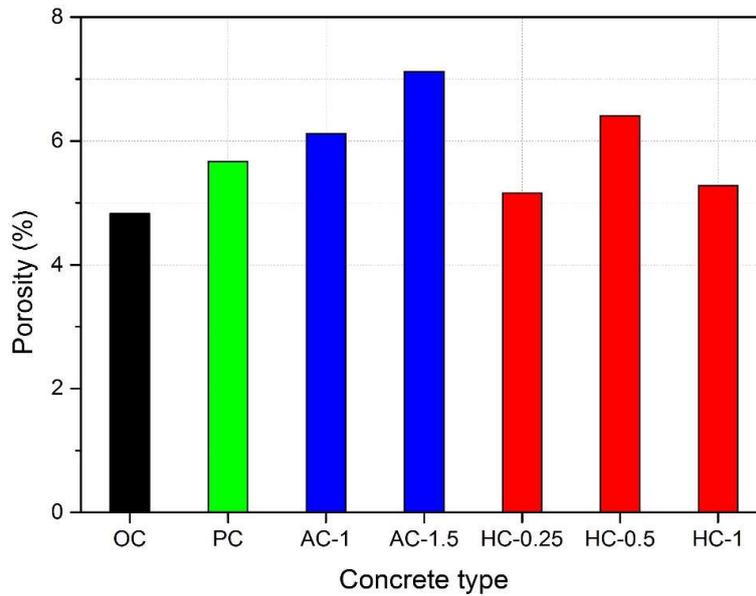


Fig. 4. Porosity of the studied concretes at 28 days

#### 4.3. Capillarity water absorption of composites

Figure 5 shows the evolution of the water absorption of all concretes after 24 h of submersion. From the obtained results, it can be seen that the incorporation of fibers in the concretes increases the water absorption of the composites. It can also be seen that the level of water absorption depends on the amount of fibers in the composites; the higher the amount of fiber, the higher the water absorption.

The results also show that Alfa concrete has more capillary absorption than hemp-reinforced concrete. The reason for this can be explained by the larger channel created by the Alfa fibers in the composite (the size of the capillaries) and their lower flexibility compared to hemp fibers.

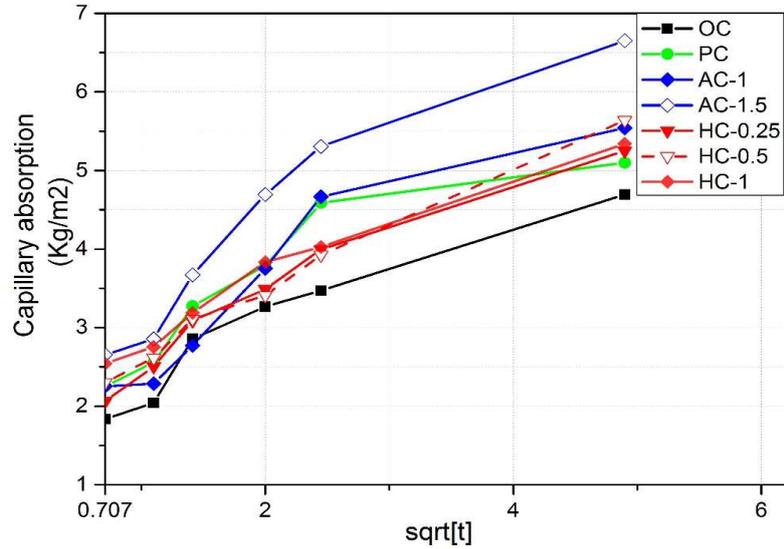


Fig. 5. Evolution of the water absorption of the studied concretes

#### 4.4. Mass loss monitoring

The mass loss monitoring is presented in Figure 6. It can be seen for all concretes that there is a first step of a significant mass loss which varies between 0- 0.90% from zero to 28 days. After this, there is a second step between 28-120 days, which is characterized by a slower mass loss that varies between 0.65 and 1.17%. This behavior is related to the incorporated fibers that act as drains for water migration between the concrete and its environment.

This loss of mass varies depending on the type and amount of the fibers. If the fiber amount is increased, the loss of mass is significant due to the high porosity created by the incorporated fibers.

A comparison of the results for the concretes with the optimal amount fiber (PC, HC-0.25, and AC-1) shows that the loss of mass of polypropylene (PC) concrete is higher than that of Alfa (AC) and hemp (HC) concrete. This is explained by the fact that the plant fibers can retain water due to their porosity, which polypropylene does not absorb. In addition, HC-0.25 has a lower mass loss compared to AC-1 due to the concrete porosity and the initial amount of water in the mixtures.

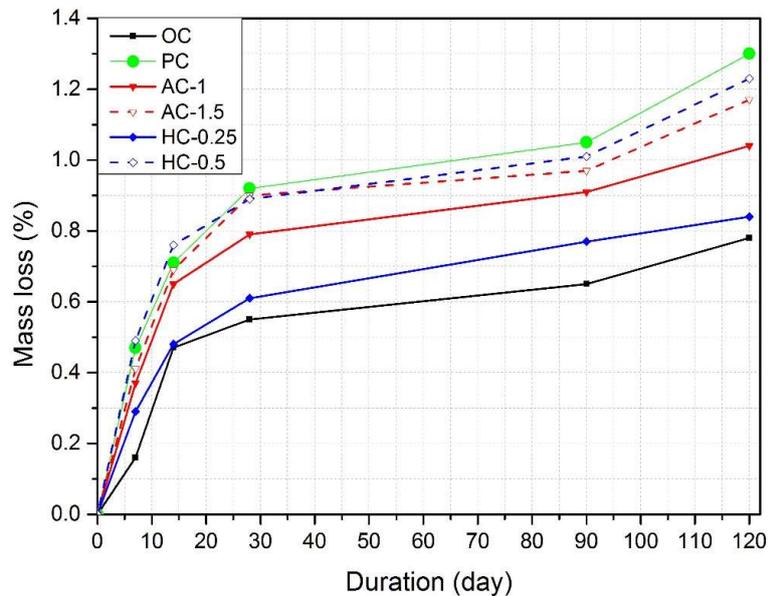


Fig. 6. Evolution of the total mass of all concretes

## 4.5. Mechanical properties

### 4.5.1. Compressive strength

The variations in compressive strength of composites at 7, 28, 90, and 120 days of curing are illustrated in Figure 7. The results indicate that there is a decrease in strength with increasing fiber content for all composites. Despite this decrease, the measured values remain in the range of common structural concrete, more specifically, for PC, AC-1, and HC-0.25 concretes. This drop in strength of fiber reinforced concrete is due to the creation of large numbers of pores or voids as a result of poor distribution of the porous fibers in the cement matrix [40, 41]. In addition, the higher the Alfa and hemp fiber content, the lower the compressive strength.

The results also show that the dosage of 1% by volume is not valid for all plant fibers due to the different characteristics of each plant fiber. In concrete containing 1% of hemp fibers, the compressive strength has been reduced by 34 % compared to ordinary concrete, however, 1% of Alfa fibers will reduce this compressive strength by 10% only. According to these results, it can be seen that the optimal dosage for hemp fibers is 0.25% by volume, while a dosage of 1% by volume is the optimal amount for Alfa fibers.

In addition, the comparison between the two concretes reinforced with plant fibers shows that HC-25 has a better compressive strength than AC-1. This can be

explained by the diameter of the Alfa fibers, which is larger than the hemp fibers, resulting in the creation of large voids in the composite, thereby reducing its strength.

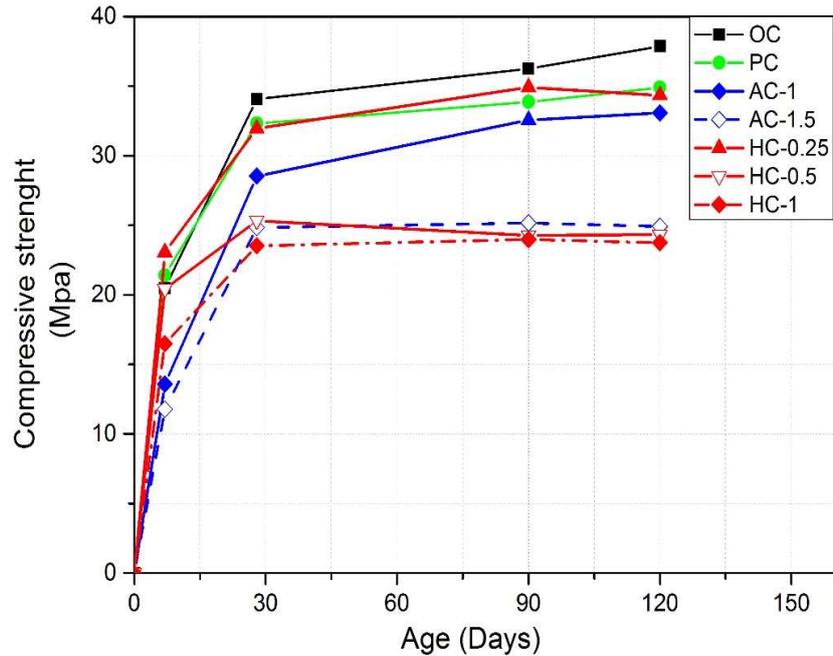


Fig. 7. Compressive strength of the studied concretes

#### 4.5.2. Flexural tensile strength

Figure 8 shows the variations in the flexural tensile strength of all concrete mixes after 7, 28, 90, and 120 days of curing. The flexural tensile strength HC-1 (4.72 MPa) and AC-1.5 (5.67MPa) is lower than the reference concrete OC (5.83 MPa), whilst it is higher for AC-1, PC, HC-0.25, and HC-0.5 (7.16, 7.38, and 6.95 MPa, respectively). The explanation for this behavior seems to be related to the role played by the fiber in the composite, which limits the propagation and progression of the cracks by a sewing effect; which increases the tensile strength of the composites. These results are in agreement with previous research for other types of vegetable fibers [42, 43].

On the other hand, the decrease in bending tensile strength for HC-1 compared to HC-0.25 is due to the amount of fibers incorporated in the composite. This result confirms the amount of 0.25% of hemp fiber as optimal. In addition, the decrease in bending flexural tensile strength for HC-1 and AC-1.5 is due to the amount of fibers incorporated in the composite. The agglomeration phenomenon is favored

in this case, which will generate zones with a cluster of non-adhesive fibers in the cementitious matrix. This behavior is probably due to the effect of the superposition of two potential phenomena; the effect of the fibers not uniformly dispersed in the matrix and the weakening of the cementitious matrix caused by the creation of voids and the volume reduction in cement.

It should be noted that the use of 0.25% of Hemp fibers (HC-0.25) or 1% of Alfa fibers (AC-1) offers a tensile strength practically identical to that of PC. These findings confirm once again that HC-0.25 and AC-1 concretes are the optimal natural reinforced concrete. The comparison between AC-1 and HC-0.25 shows that AC-1 has better flexural tensile strength, and this behavior is related to the tensile strength of Alfa fibers, which is greater than hemp fibers and, therefore, has superior behavior in the composite.

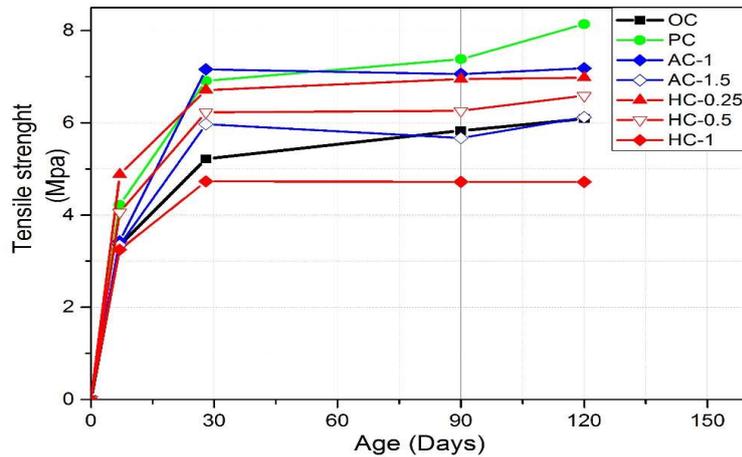


Fig. 8. Flexural tensile strength of the studied concretes

#### 4.5.3. Dynamic modulus of elasticity

Figure 9 depicts the results of the dynamic modulus of elasticity for all the studied concretes. All fiber-reinforced concrete results were lower than those for OC. When fibers were added to an ordinary concrete, it reduced the stiffness and increasing the ductile behavior [10].

Furthermore, the greater the amount of hemp and Alfa fibers, the lower the Young's modulus, as a result of the concrete becoming more porous. In addition, the Young's modulus of HC-0.25 is the optimum for the hemp fibers reinforced concrete. In the case of Alfa fibers, the optimal amount that gives the higher results is 1% in volume.

These results confirm that the variation of young's modulus for plant fiber-reinforced concrete does not depend on the length of the fibers, but rather on their amount and distribution into the matrix [44]. The characteristics of the fiber also

have an effect; the results show that HC-0.25 has a better dynamic modulus of elasticity compared to AC-1, and this can be explained by the large diameter of Alfa fiber which causes a higher porosity and, therefore, less stiffness.

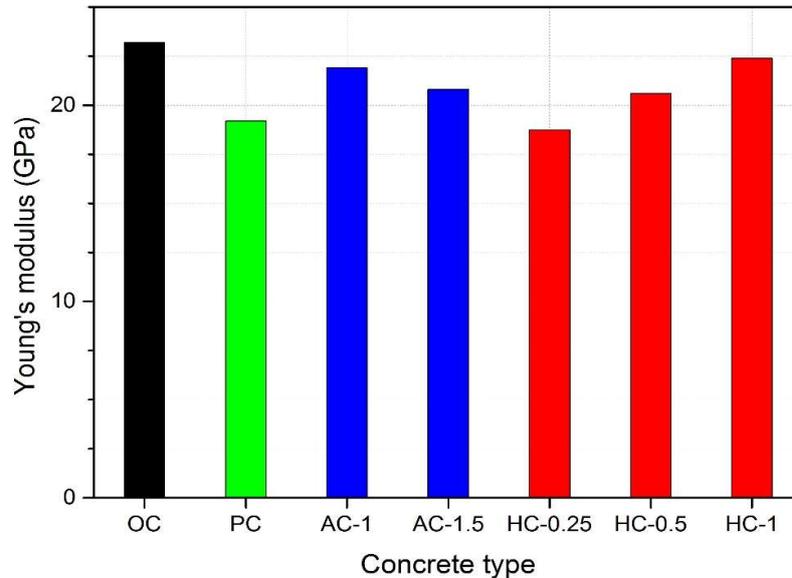


Fig. 9. Young's modulus of the studied concretes at 28 days

#### 4.6. Sulfatic attacks results

##### 4.6.1. Complete immersion

###### A. Mass monitoring:

Figure 10 shows the evolution of mass monitoring as a function of the complete immersion time of the different concrete samples.

Analysis of the results shows that all the different concretes kept in sodium sulfate solution had a mass gain of 0 to 50 days of immersion. OC and PC have similar behavior with regard to mass monitoring, followed by the vegetable fiber reinforced concretes (HC-0.25, HC-0.5, AC-1, and AC-1.5). This gain is attributed to the formation of gypsum and secondary ettringite as a result of the reaction between the hydrates and, particularly, portlandite and sulfates in the solution [38]. After 50 days until the end of testing, all the concretes have the same behavior, with a total mass gain of about 3% after the entire immersion period.

AC-1.5 and HC-0.5 have different behavior to the other samples and are damaged at the end of immersion. These concretes are characterized by a very porous

structure due to a high fiber content, which allows the formation and deposition of the expansive products of the sulfate reaction.

Note that AC-1 and HC-25 have a slightly higher mass gain in the composites compared to PC-containing fibers, which can be explained by the fact that the mass gain is, therefore, related to the porosity of the matrix as well as the porosity of the fibers.

In addition, AC-1 is slightly higher than HC-25, probably due to the higher fiber content in the composite and the difference in fiber diameter.

The results show that the behavior of concrete in the sulfate environment depends on the physical characteristics of the composites studied.

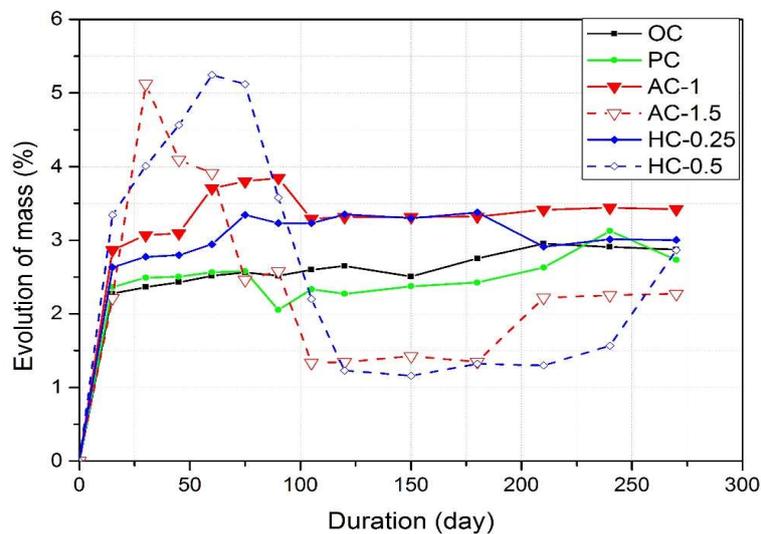


Fig. 10. Mass monitoring of made-up concretes (case of total immersion in Na<sub>2</sub>SO<sub>4</sub>)

B. Variation of the compressive strength:

Figure 11 shows the compressive strength as a function of full immersion time for the four types of concrete. It can be seen that from zero to 45 days, the compressive strengths of PC and OC samples increase by 5.88% and 14.54%, respectively, while they decrease slightly for the two vegetable fiber reinforced concretes (HC-0.25 and AC-1), by 5.79% and 5.63%, respectively. Then, the trend reverses slightly between 45 and 90 days for these two concretes, being 11.05% for HC-0.25 and 7.30% for AC-1. The same observations were made for the other vegetable fiber concretes (AC-1.5 and HC-0.5). OC and PC concretes remain almost stable, without significant change.

Between 90 and 180 days, the compressive strengths of the different concretes exposed to total immersion increase slowly until the end of this protocol. At the

end of this protocol, the best compressive strength, after 9 months of immersion in sodium sulfate, is obtained for PC, HC-0.25, and AC-1 concrete.

The difference between HC-0.25 and AC-1 was not significant, probably due to the high porosity in the Alfa concrete, which absorbs more chemical solution (sodium sulfate), rapidly degrading the fiber, and consequently the compressive strength.

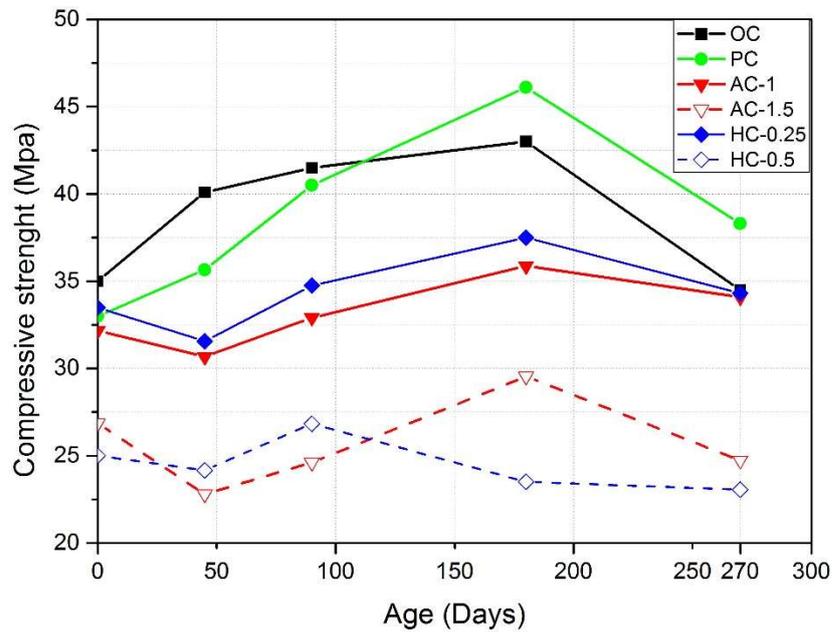


Fig. 11. Evolution of compressive strength (total immersion in Na<sub>2</sub>SO<sub>4</sub>)

### C. Macroscopic monitoring:

The macroscopic observation of samples shows that after 18 months of complete immersion, the samples demonstrate no evidence of swelling or cracking visible to the naked eye (Figure 12), suggesting the absence of a significant external sulfatic attack.

These results suggest that there was a lack of external sulfatic attack of sufficient magnitude to cause damage visible to the naked eye. These results are consistent with previous work [21, 45].



Fig. 12. Photos of samples just after they are released from the Sulfatic attack (complete immersion)

#### 4.6.2. Results of the immersion drying cycles at 60°C

##### A. Mass monitoring:

The aim of this part of the study is to observe the evolution of the mass of the degraded samples (AC-1, AC-1.5, HC-0.25, and HC-0.5) and that of the PC and OC control concretes, and then compare concrete reinforced with vegetable fibers. Figure 13 shows the evolution of mass monitoring for all concretes in 60 cycles. Between 0 cycles and 60 cycles, all concretes have 1 to 3 % mass gain, which is interpreted as the result of salt crystallization and trapping of solution within the porosity of the concrete. HC-0.25 and PC concrete have a very similar behavior during mass monitoring.

HC-0.25 and AC-1 have an almost similar behavior from the beginning of the protocol to the end. They record the largest mass increase, which is 3.5%.

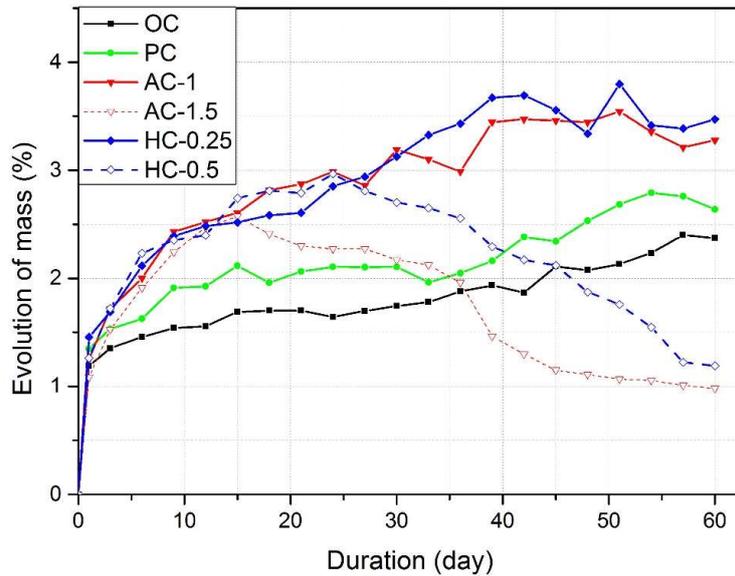


Fig. 13. Mass monitoring of made-up concretes (immersion/drying cycles at 60°C)

B. Variation in compressive strength:

The evolution of compressive strengths of all concretes studied at 0, 5, and 15, 30, and 60 cycles of immersion / drying cycles are shown in Figure 14.

In general, compressive strength increases from zero to 15 cycles, which can be explained by the crystallization of salts in the porosity of the concrete [46], which then reinforces the structure. In addition, all concretes evolved through three similar steps, a first step from 0 to 5 cycles where the resistance increases, followed by a slight decrease in resistance from 5 to 15 cycles, and a further decrease between 15 and 60 cycles.

The increase in strength in the first step is due to the continuous hydration of anhydrous cement products and the reaction of sulfate with  $\text{Ca(OH)}_2$  to form gypsum and ettringite, which complete the micropores, leading to a denser structure which has a positive influence on mechanical strength. Then, a decrease in the last step from 15 to 60 cycles. At the end of this protocol, polypropylene concretes and HC-0.25 concretes are harder, this behavior being attributable to the reaction between portlandite (CH) resulting from the hydration of cement with sulfates to form gypsum and ettringite causing microcracks that result in reduced strength [47].

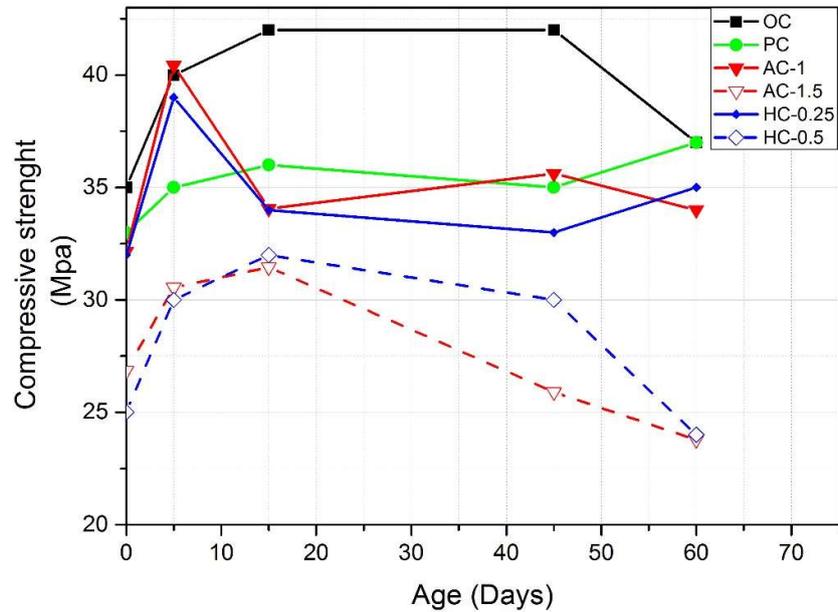


Fig. 14. Evolution of compressive strength (immersion drying /cycles at 60°C)

### C. Macroscopic monitoring:

During the 60 days of this experimental protocol, photographs were taken regularly before and after immersion, thus providing visual information on the macroscopic evolution of the samples as well as the appearance of possible damage (Figure 15).

Plant fiber reinforced concrete shows visible signs of the beginning of ruin from 45 cycles. The fibers seem to play a role in absorbing the solution, which does not allow crystallization on the surface. This observation was due mainly to the rapid absorption of the solution by the natural fibers in comparison with the synthetic fibers, which resulted in a mass increase and at the same time a degradability of natural fibers and a decrease in the mechanical performance of the made-up concretes. These signs are significant in AC-1.5 and HC-0.5 due to higher amounts of fibers.

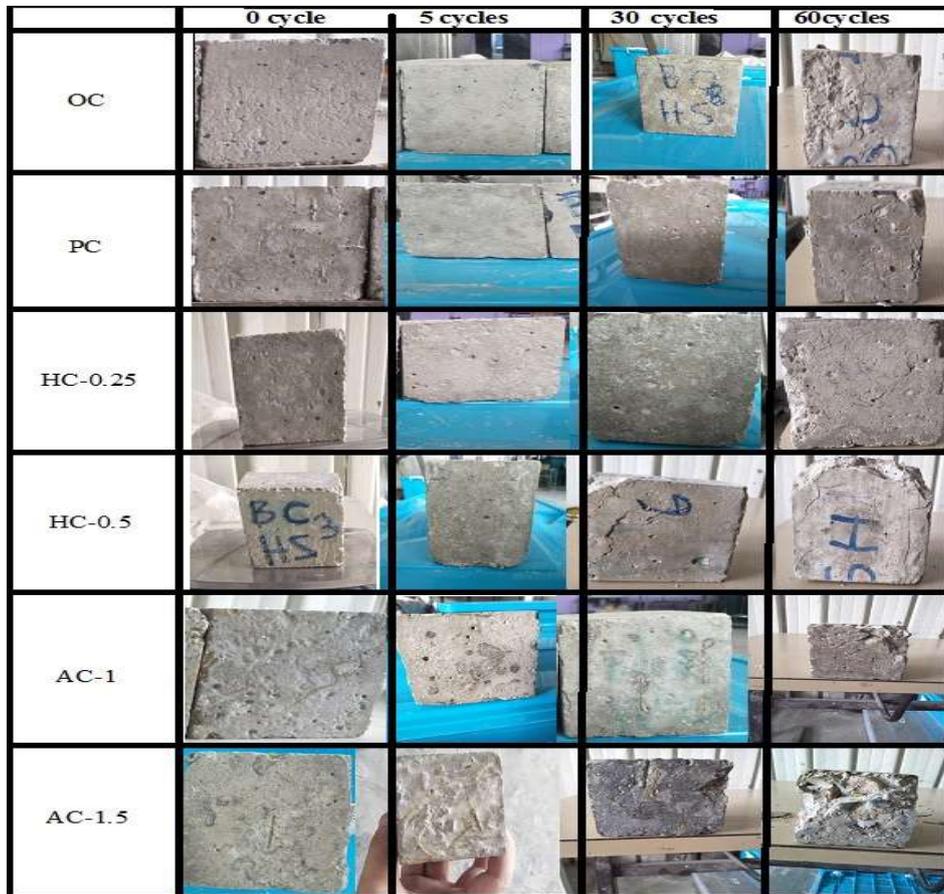


Fig. 15. Photos of samples just after they are released from the Sulfatic attacks (immersion drying cycles at 60°C)

#### D. Microscopic study (SEM):

In the case of AC-1 concretes, the picture of their microstructure using a scanning electron microscope (SEM) can clarify the behavior of plant fiber reinforced concrete against external sulfate attack. Figures 16a and 16b clearly show the absence of primary ettringite in the vacuoles of the cement paste at 0 cycles for AC-1. At 15 cycles, the result shows the normal presence of ettringite balls and portlandite (Figures 16c, 16d). Therefore, it can be established that the concrete does not react pathologically to sodium sulfates after 15 cycles of the 60°C immersion/drying protocol.

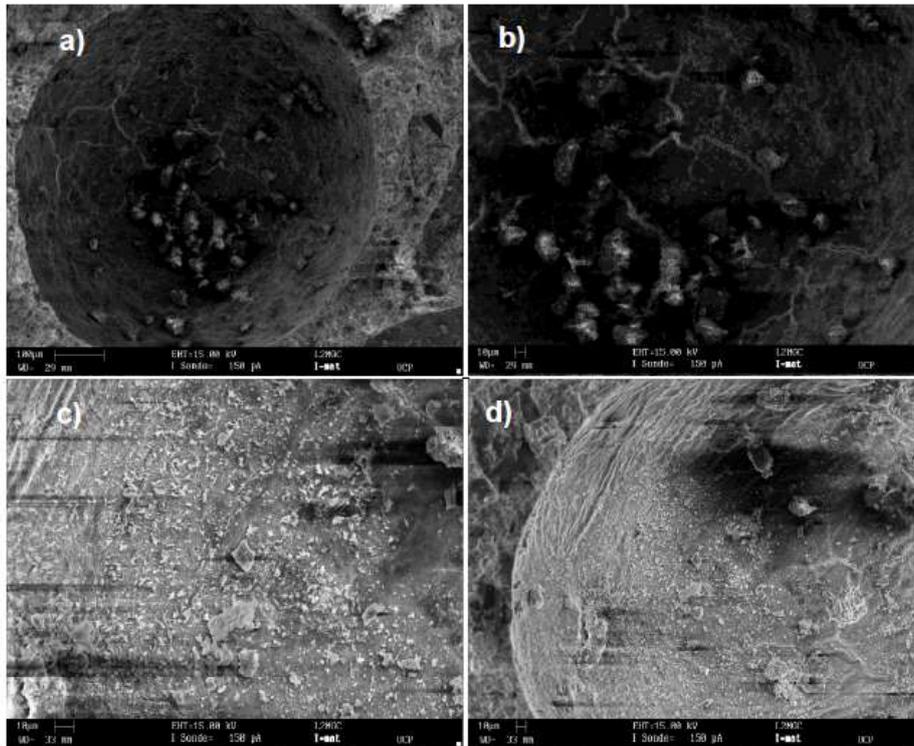


Fig. 16. Microscopic study of AC-1 concrete in the case of immersion drying cycles at 60°C: (a) Vacuole of AC-1 concrete (0 cycle); (b) Zoom on AC-1 concrete surface (0 cycle); (c) Vacuole of AC-1 concrete (15 cycle); (d) Zoom on AC-1 vacuole (15cycle)

## 5. CONCLUSION

Based on the experimental results obtained in this study, the following conclusions can be drawn:

1. Workability, which is a major characteristic of fresh concrete, is affected by both the amount of fiber and its specific features such as porosity and diameter.
2. The incorporation of natural fibers, whether Alfa or hemp, contributes to a decrease in compressive strength and dynamic modulus. Above 1% in the case of Alfa and 0.25% in the case of hemp fibers, the compressive strength and dynamic modulus decrease considerably because of the heterogeneous dispersion of the fibers that may form clusters. The increase in voids proportional to the amount of fibers also weakens the concrete affecting its compactness.

3. The flexural tensile strength of concrete increases with the incorporation of plant fibers. This feature could prevent the rapid spread of cracks in the concrete and sudden bursting in the case of a low-magnitude earthquake.
4. Plant fibers affect the physical properties of cement composites; they contribute to increased porosity and capillary absorption.
5. Alfa and hemp help to increase the loss of mass of the concrete. Thus, significant water transfers are related to the porosity, which depends on the amount of fibers as well as their nature. If the mass loss is important, then it can cause dimensional changes that can generate cracks at short- or long-term intervals in concrete and, therefore, a loss of durability of the structure.
6. The optimum percentage of vegetable fibers varies from one fiber to another, depending on several parameters such as chemical composition, mechanical characteristics, and individual morphology. In this study, 1% for Alfa and 0.25% for hemp seem to be the optimal amounts.
7. After more than 9 months of complete immersion, no visible damage (cracking and swelling) and no loss of mass were observed on all the concrete samples despite a decrease in strength of almost 20%. In addition, there was no external sulfatic attack; this result is consistent with previous work [42].
8. There was visible degradation on the samples of plant fiber reinforced concrete, particularly on the high amount of Alfa (AC-1.5) and hemp (HC-0.5) fibers, due to the probable formation of secondary ettringite. AC-1 and HC-0.25 remain the reference fiber concrete because they present the optimal performance at the end of the immersion/drying protocol at 60°C, which lasted almost 60 days.
9. The behavior of fiber-reinforced concrete against external sulfatic attack is related to the porosity of the matrix as well as the fibers. A high porosity contributes to facilitating the migration of sodium sulfate ions which can also participate in the increase of the mass of the material and consequently a rapid degradation of the composites.
10. In this study, concrete reinforced with 0.25% by volume of hemp fibers showed better behavior than concrete reinforced with 1% of Alfa fibers against external sulfatic attack in both protocols, which is linked to the physical characteristic of each composite (porosity and capillary absorption), but both concretes are acceptable for the production of “green” concrete. These untreated

natural fibers are commercially available and do not harm the ecosystem compared to polypropylene fibers, which are derived from petroleum.

### CONFLICT OF INTEREST

On behalf of all authors, the corresponding author hereby confirms that there is no conflict of interest.

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